

PSP

Practice Support Program

Fall/Winter 2023 Program Offerings





Supporting your patients to live well and manage risk factors

PRACTICE SUPPORT	AUDIENCE	DESCRIPTION	UPCOMING OFFERINGS	FOR MORE INFORMATION:
Behaviour Change Counselling	(Stream 1) PHC team members who provide direct patient care	A range of supports to enable you to work collaboratively with your patients to elicit behaviour change to improve health.	On demand LMS modules supplemented with virtual practice workshops. 2023 workshops dates here .	Behaviour Change Counselling Development Program E-module & workshop registration available via LMS (Keywords: PHC)
	(Stream 2) Family Physicians/NP's	A range of supports to enable you to work collaboratively with your patients to elicit behaviour change to improve health. 42 Mainpro+ Credits.	Next Program begins September 7th <ul style="list-style-type: none"> 8 self-directed e-modules, 3 self-directed action periods 3 2-hour interactive virtual workshop-style sessions 	Behaviour Change Counselling Development Program . To register, click here
Physical Activity Counselling	PHC team members who provide direct patient care	Supports to both enable you to confidently identify a patient's level of physical activity and provide patient-centered interventions.	Online resources available now Coming soon: On demand LMS modules	Physical Activity Counselling Practice Support Program
Social Prescribing	PHC team members and Community Partners	Resources to increase awareness and understanding about how a Social Prescribing approach can help improve all aspects of our patient's health.	<ul style="list-style-type: none"> Self-directed education material Video recording of PHC Social Prescribing information session 	Social Prescribing Practice Support
HealthyNS.ca	All citizens	Resources to support patients to live well and manage health risk factors	New program offerings available for Fall/Winter	www.HealthyNS.ca
DiabetesNS.ca	All citizens	Resources to support patients to live well and manage T1 and T2 Diabetes.	Pre-recorded modules and resources	www.DiabetesNS.ca



Supporting your patients to manage their chronic conditions

PRACTICE SUPPORT	AUDIENCE	DESCRIPTION	UPCOMING OFFERINGS	FOR MORE INFORMATION:
Diabetes Care Program of NS	PHC team members who provide direct patient care	Supports designed to build competencies among providers to care for patients with Diabetes including insulin dose adjustment, insulin pump therapy, pregnancy (GDM, T1D, T2D), hyperglycemic emergencies, and more.	On demand resources & supports available	DCPNS Website E-module available via LMS (Keywords: Diabetes, DKA)
Post-COVID Supports	PHC team members who provide direct patient care	On-demand supports to build capacity of providers and teams to care for patients experiencing post-COVID symptoms.	On demand resources & supports available	Post-COVID in Primary Health Care Practice Supports



Supporting your patients with mild to moderate mental health concerns, pain, and substance use disorders

PRACTICE SUPPORT	AUDIENCE	DESCRIPTION	UPCOMING OFFERINGS	FOR MORE INFORMATION:
Opioid Use Disorder	PHC Physicians and Nurse Practitioners	Supports designed to build competencies among providers to care for patients with opioid use disorder (OUD).	Updates to current program in progress	Opioid Use Disorder Practice Support Program To be added to the waitlist, or for other general program inquiries, email PHCpracticesupport@nshealth.ca
Adult Mental Health	PHC Physicians and Nurse Practitioners	Program designed to support providers to care for patients with mild to moderate mental health concerns.	Fall offerings are currently FULL (waitlist available) Winter registration opens Aug 14th Registration details available here	Adult Mental Health Practice Support Program To be added to the waitlist, or for other general program inquiries, email PHCpracticesupport@nshealth.ca
Atlantic Mentorship Network-Pain & Addiction	All PHC providers	Program designed to provide ongoing clinical resources for PHC professionals in developing core knowledge and skills to deliver high-quality care in community to individuals with pain and/or addictions.	Alcohol Use Disorder & Benzodiazepine Use Workshop October 27th, 9:00-4:00 Old Orchard Inn Details here	Atlantic Mentorship Network or email atlantic.mentorshipnetwork@nshealth.ca



Enhancing access to primary health care services

PRACTICE SUPPORT	AUDIENCE	DESCRIPTION	UPCOMING OFFERINGS	FOR MORE INFORMATION:
Enhancing Access to Primary Health Care	PHC team members looking to improve timely access	Using principles and approaches from Advanced Access scheduling and efficiency strategies, resources are available to support you to provide timely care.		Supporting you in your Practice: Enhancing Access to Primary Health Care
Group Medical Visits	PHC team members who provide/ support patient care	Resources and supports to help you plan and deliver group medical visits, in-person or virtually.	On demand resources & supports	Group Medical Visits
Attachment and Panel Identification	NP's or Physicians who hold a patient panel	An initiative designed to support PHC practitioners to identify, monitor and maintain patient panels.		Attachment and Panel Identification in Primary Health Care



Stay Connected!



Visit our Website at: www.phcquality.ca



For any program inquiries or request to be added to our email distribution list at: PHCpracticesupport@nshealth.ca



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